

Information Broucher



CENTRE FOR STUDIES IN YOGA,
AYURVEDA AND NATUROPATHY
(CESYAN)

**HIG - 417, Kalinga Vihar (K-5)
Bhuabeswar - 751019
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APPROVAL & AFFILIATION :

M.A in Yoga course of **Centre for Study in Yoga, Ayurveda and Naturopathy (CESYAN)** has the approval of Government of Odisha in the department of Odia Language, Literature and Culture and is affiliated to Utkal University of Culture, Odisha, Bhubaneswar as a self-finance course.

THE COURSE AND ELIGIBILITY.

CESYAN Bhubaneswar imparts post graduate course in **Yoga** as detailed below .

Course	Duration	Entry Qualification	No. of Seats
Master of Arts in Yoga	2 Years 4 Semesters	Graduation or Equivalent from any recognised University	30

★**Age** :There is no age bar: However, the rules and regulations of the Utkal University of Culture will be followed from time to time.

★**Sex** : Both Male and Female are eligible to take admission.

COURSE OBJECTIVE :

- To impart Knowledge on Yoga Philosophy, Pyshology and Naturopathy.
- To develop conceptual and applied knowledge relevant to yoga, Vedanta, Philosophy, Psychology, Physiotherapy and Naturopathy.
- To increase operatinal skill and efficiency for effective Therapic use of Yoga.
- To acquire positive and responsive attitude to serve the stressed people of the entire world.
- Spread the knowledge of Yoga and its utility to rural areas of our country.

ADMISSION PROCEDURE :

- a. Students seeking admission to the course has to collect prescribed admission Application Form with Prospectus from the Office of payment of Rs . 200 /- or Rs.250/- (by Post) from CESYAN, Bhubaneswar within 30 days of

advertisement / declaration of qualifying examination results.

- b. Candidate fulfilling the eligibility criteria has to fill up the Admission Application Form and has to submit along with documents mentioned below at office within the specified date mentioned in the admission application form.

DOCUMENTS REQUIRED TO BE SUBMITTED ALONG WITH THE ADMISSION APPLICATION FORM :

1. Attested Photocopy of HSC, +2, +3 or equivalent Certificates and mark sheet.
 2. Attested recent Two Passport size Photographs.
 3. Attested Photocopies of Caste Certificate in case of SC/ST/OBC Candidates.
 4. Attested Copies of the Certificate in case of Sportsman / Physically / Handicapped / Green Card Holder / Ex-servicemen, if any.
 5. Postage stamps worth Rs. 5/- to be affixed on the Index card given in the Application Form.
 6. College Leaving Certificate and conduct certificate (Original).
 7. Migration Certificate (Original).
 8. Copy of the Aadhaar Card
- c. Application of the candidate fulfilling the eligibility criteria will be placed before the Selection Committee. Selection will be done in the basis of merit only. Candidate having higher education will be getting special weightage during the selection. Candidate belonging to Reserve Category, i.e., SC/ST/OBC/Ex-servicemen / Green card Holder / Sports will get preference as per Government rules.
- d. Selected candidates will be intimated by notice through the Notice Board of the Academy as well as by intimation letter through post regarding the date and time of admission.
- e. Candidates selected for admission have to report at the Office with all the documents with requisite fees men

tioned in this prospectus.

- f. Every candidate has to give an undertaking in a separate sheet at the time of admission to the effect that he / she will abide by the rules and regulations of the Institution.

COURSES FEES :

<u>Particulars</u>	<u>Amount (Gen.)</u>	<u>Amount (SC/ST)</u>
Admission Fees	Rs. 10,000	Rs. 10,000
Tuition Fees (for two years)	Rs. 36,000.00	Rs. 31,000.00
Total	Rs. 46,000.00	Rs. 41,000.00

Study Tour, if organized, as per actuals to be intimated before commencement of the same, Examination fees approximately @ Rs.2500/- per Semester extra and subject to change / revision as per the Rules of Utkal University of Culture, Odisha, Bhubaneswar.

(Payment should be made in shape of cash, demand draft favouring Centre for Studies in Yoga, Ayurveda & Naturopathy payable at Bhubaneswar or through RTGS / NEFT / A/C No.50100250236297 HDFE Bank, Patia Branch, Bhubaneswar, IFSC Code - HDFC0004705) .

Hostel :

Hired accomodation will be provided for hostel. Provided, there will be minimum of 10 candidates in each category of men and women seperately to stay in the hostel. The institute will mänge the hostel with congenial living condition.

Admission : The hostel admission fees is Rs.1000/- and is refundable at the time of vacating the Hostel. The annual rent is Rs.15,000/- excluding electricity and water charges. Once the boarder is admitted to the hostel the minimum length of stay is one year and the hostel fees once deposited is non-refundable even if he/she quits the hostel before one year. Strictly pure vegetarian / sattwik food will be served to the students as per actual

cost on monthly basis. Rules of the hostel will be circulated to each boarder separately.

General Rules and Regulations of the Institution :

The students of CESYAN are required to follow the Rules and Regulations mentioned below.

1. Students are required to wear prescribed uniform inside the campus. Student with objectionable dress will not be allowed into the campus.
2. The minimum compulsory attendance for students with regard to his / her eligibility for final examination has been fixed at 75 % of the actual number of working days.
3. Caution Money, if any, will be refunded only after successful completion of the Examination.
4. Candidate leaving the course from middle of the session due to his/her personal problem has to pay entire course fees against the allotted seat. College Leaving Certificate will be issued only after deposit of the outstanding fees for the entire course.
5. Candidate getting admission in late has to deposit the full course fees for the entire course of two years.
6. Fine as per rule will be charged from defaulters.
7. Authority has the right to discharge any student from the regular classes/ institute if he/she does not deposit the institution fees in time or become indisciplined.
8. Besides, The Management has every right to add or alter any rules for betterment of students from time to time.
9. Fees once paid to the institute, will not be refunded in any circumstances.

The Student shall be required to perform the postures of Asanas etc. Physically and shall be asked verbal questions related to the Asanas an Pranayamas etc prescribed in the syllabus. The ques-

tions in the viva voice of practical test shall strictly conformed to the technique, the benefits and the contraindications of the prescribed asanas.

EXAMINATION DURATION AND PERIOD

Examination of each theory paper shall be of 3 hours duration. The duration of practical examination shall be according to requirement. A candidate admitted to the course shall complete the course within two academic years from the date of admission. Every Semester will normally be conducted in a gap of six months. Rules and Regulation of Utkal University of Culture shall be followed from time to time.

Back / Repeat appearance and number of Chances

A candidate who fails in any theory paper / Papers in a particular semester examination may appear the said paper / papers within the next two consecutive changes as back paper examination.

A candidate may repeat any paper / papers once within two consecutive years for improvement of division / Percentage of Marks.

Contact :

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